

CSP/PSY 181: Theories of Personality and Psychotherapy

Fall 2005 Syllabus

Mondays & Wednesdays, 3:25-4:40pm
 Hoyt Auditorium
 Website: www.psych.rochester.edu/courses/181/

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Christopher Niemiec	Email: niemiec@psych.rochester.edu	Office/Hours: Mel 475, Mon. 2:00-3:15pm

DATE	TOPIC	READINGS
<i>(Articles can be found by going to the library's homepage (http://www.library.rochester.edu/) & clicking "Course Resources & Reserves."</i>		

PSYCHODYNAMICS AND METAPSYCHOLOGY

September		
7	Organizational Meeting	No readings
12	Metapsychology and Personality Theories	Rychlak, J. F. A framework for the study of personality. In J.F. Rychlak, <i>Introduction to Personality and Psychotherapy</i> (pp. 1-36). Boston: Houghton Mifflin.
14	Origins of Psychoanalysis	Freud, S. (1909) <i>Five Lectures on Psychoanalysis</i> . New York: W.W. Norton.
19	Freud's Topographical and Dynamic views	Freud, S. (1909) <i>Five Lectures on Psychoanalysis</i> . New York: W.W. Norton. (Cont.) Bettelheim, B. (1984) <i>Freud and Man's Soul</i> . New York: W.W. Norton. (Begin)
21	Freud's Structural Theory	Bettelheim, B. (1984) <i>Freud and Man's Soul</i> . New York: W.W. Norton. (Cont.) Funder, D. C., & Ozer, D. J. (2001). <i>Pieces of the personality puzzle</i> (pp. 227-235). NY: W.W. Norton.
26	Psychoanalytic Ego Psychology	Kahn, M. (2002). Basic Freud: Psychoanalytic thought for the 21 st century (pp. 105-136). NY: Basic Books.
28	Object Relations and Self-Psychology: Winnicott & Kohut	Baker, H.S. & Baker, M.N. (1987). Heinz Kohut's Self-Psychology: An Overview. <i>American Journal of Psychiatry</i> , 144, 1-9. Mitchell, S. A., & Black, M. J. (1995). <i>Freud and beyond: A history of modern psychoanalytic thought</i> (pp. 124-134). New York, NY: Basic Books.

October		
3	Jung's Analytical Psychology	Hopcke, R. H. (1999). <i>A Guided Tour of the Collected Works of C.G. Jung</i> . Boston, MA: Shambhala Publications, Inc.
5	Jung's Analytical Psychology	Hopcke, R. H. (1999). <i>A Guided Tour of the Collected Works of C.G. Jung</i> . Boston, MA: Shambhala Publications, Inc.
10	Exam I: Psychodynamics & Metapsychology	No readings

EXISTENTIAL-PHENOMENOLOGICAL APPROACHES

12	Existential Phenomenology: An Introduction	Mullen, J.D. (1981). <i>Kierkegaard's Philosophy: Self-deception and cowardice in the present age</i> (pp. 41-58). New York: Mentor. van Deurzen-Smith, E. (1997). <i>Everyday mysteries: Existential dimensions of psychotherapy</i> (pp. 58-64). London: Routledge. Warnock, M. (1970). <i>Existentialism</i> (pp. 23-45). London: Oxford University Press.
17	FALL BREAK - NO CLASS	No readings
19	Daseinanalysis	May, R., & Yalom, I. (1989). Existential psychotherapy. In R. J. Corsini & D. Wedding (Eds.), <i>Current psychotherapies</i> (4 th ed.), (pp. 363-402). Itasca, IL: Peacock Publishers, Inc. van Deurzen-Smith, E. (1997). <i>Everyday mysteries: Existential dimensions of psychotherapy</i> (pp. 34-57). London: Routledge.
24	Existential themes in current personality theory	May, R., & Yalom, I. (1989). Existential psychotherapy. In R. J. Corsini & D. Wedding (Eds.), <i>Current psychotherapies</i> (4 th ed.), (pp. 363-402). Itasca, IL: Peacock Publishers, Inc. (Cont.)
26	Origins of Client-Centered Therapy	Kirschenbaum, H., & Henderson, V. L. (Eds.). (1989). <i>The Carl Rogers reader</i> . Boston, MA: Houghton Mifflin Company. Especially chapters 1, 17
31	Rogers' theory of personality	Kirschenbaum, H., & Henderson, V. L. (Eds.). (1989). <i>The Carl Rogers reader</i> . Boston, MA: Houghton Mifflin Company. (Cont.) Especially chapters 10, 12, 16

November

2	Person-centered psychotherapy and education	Kirschenbaum, H., & Henderson, V. L. (Eds.). (1989). <i>The Carl Rogers reader</i> . Boston, MA: Houghton Mifflin Company. (Cont.) Especially chapters 20, 21, 25, 27
7	Exam II: Existential-Phenomenological approaches	No readings

EMPIRICALLY BASED APPROACHES

9	Mechanism and S-R Models: Pavlov, Watson and Wolpe	Bry, A. (1973). <i>A primer of behavioral therapy</i> (pp. 19-31). New York, NY: Mentor. Wolpe, J. (1982). <i>The practice of behavior therapy</i> (3 rd ed., pp 1-12). NY: Pergamon Press.
14	Thorndike and Skinner: Instrumental Conditioning	Bry, A. (1973). <i>A primer of behavioral therapy</i> (pp. 37-40). New York, NY: Mentor. Frick, W. B. (Ed.). (1995). <i>Personality: Selected readings in theory</i> (pp. 153-199). Itasca, IL: F. E. Peacock Publishers, Inc.
16	Operant Behaviorism	Frick, W. B. (Ed.). (1995). <i>Personality: Selected readings in theory</i> (pp. 153-199). Itasca, IL: F. E. Peacock Publishers, Inc. (Cont.)
21	Social-Cognitive Theory: From Tolman to Bandura	Bry, A. (1973). <i>A primer of behavioral therapy</i> (pp. 55-59). New York, NY: Mentor. Friedman, H. S., & Schustack, M. W. (Eds.). (2001). <i>Readings in personality: Classic theories and modern research</i> (pp. 143-160). Boston, MA: Allyn and Bacon.
23	THANKSGIVING BREAK - NO CLASS	No Readings
28	Cognitive approaches to behavior change: Beck & Ellis	Beck, A. T. (xxxx). Cognitive therapy. In <i>The evolution of psychotherapy</i> (pp. 149-163). Walen, S. R., DiGiuseppe, R., & Dryden, W. (1992). <i>A practitioner's guide to rational-emotive therapy</i> (2 nd ed.). (pp. 15-35). New York, NY: Oxford University Press.

December

30	The Discovery of Intrinsic Motivation	Deci, E.L. & Ryan, R.M. (1985) <i>Intrinsic motivation and self-determination in human behavior</i> . New York: Plenum Pub. (Chap. 2, pp. 11-40). Ryan, R.M. & Deci, E.L. (2000) Intrinsic and extrinsic motivations: Classic definitions and new directions. <i>Contemporary Educational Psychology</i> , 25, 54-67.
5	Internalization and Self-determination	Ryan, R.M. & Deci, E.L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development and well-being. <i>American Psychologist</i> , 55, 68-78. Deci, E.L. & Ryan, R.M. (1985). <i>Intrinsic motivation and self-determination in human behavior</i> . New York: Plenum Pub. (Chap 10, pp. 273-292).
7	Exam III: Empirically -Based Approaches	