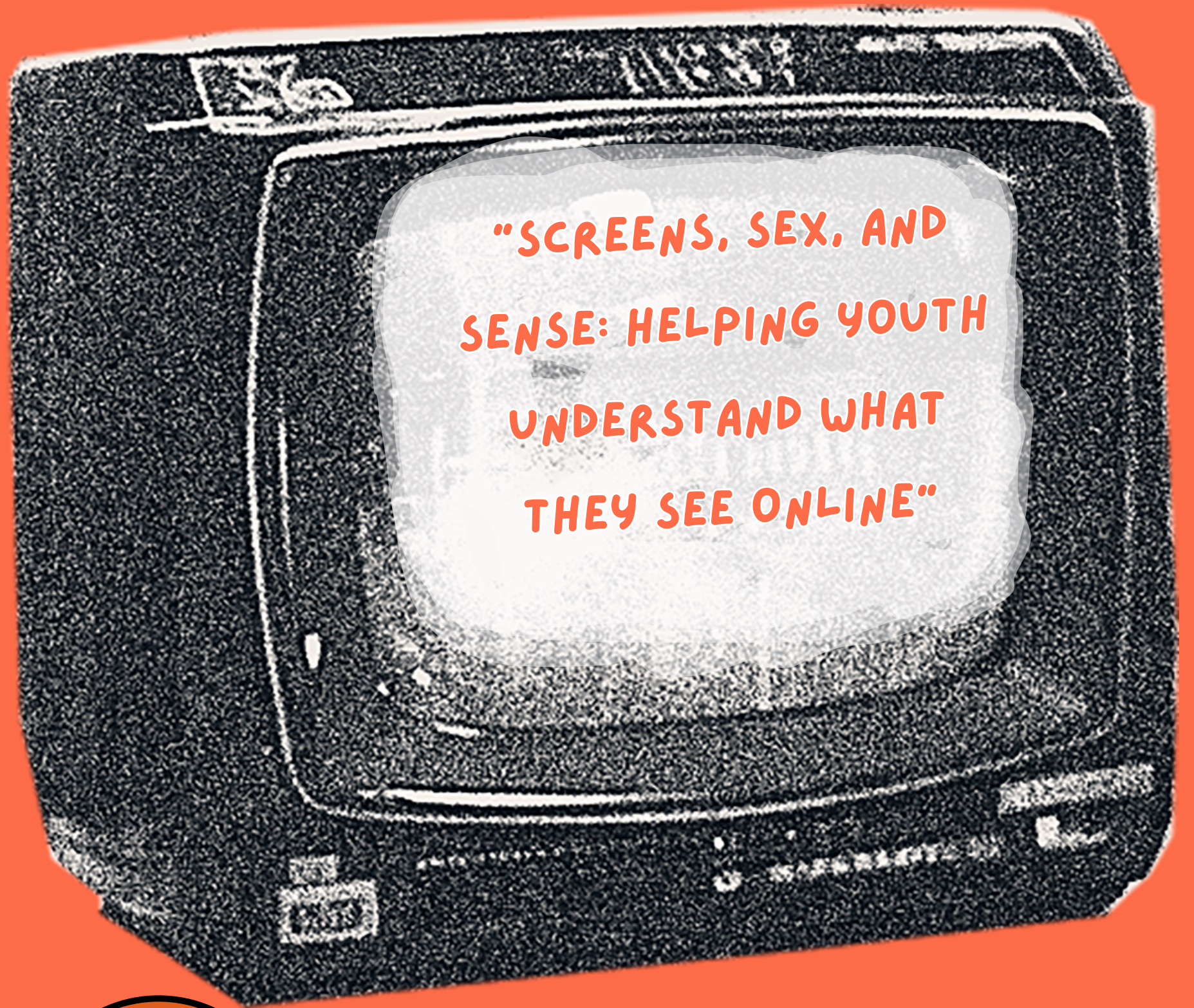


WHY IS IT IMPORTANT?

TALKING ABOUT PORNOGRAPHY HELPS YOUTH BUILD HEALTHY BOUNDARIES, UNDERSTAND CONSENT, AND THINK CRITICALLY ABOUT WHAT THEY SEE ONLINE. OPEN CONVERSATIONS PROMOTE SAFETY, RESPECT, AND TRUST.



KIDS (AGES 5 TO 9)

- FOCUS ON BODY SAFETY, PRIVACY, AND CONSENT. TEACH THAT NO ONE SHOULD TOUCH OR TAKE PICTURES OF THEIR PRIVATE PARTS OR SHOW THEIR OWN PRIVATE PARTS.
- TELL THEM WHAT TO DO IF THEY SEE SOMETHING CONFUSING ONLINE: TURN IT OFF AND TELL A TRUSTED ADULT.
- USE SIMPLE LANGUAGE LIKE "SOME VIDEOS OR PICTURES SHOW THINGS THAT ARE NOT FOR KIDS."

PRETEENS (AGES 10 TO 12)

- EXPLAIN THAT NOT EVERYTHING ONLINE SHOWS REAL OR HEALTHY RELATIONSHIPS.
- LET THEM KNOW IT IS OKAY TO ASK QUESTIONS WITHOUT SHAME.
- ENCOURAGE DIGITAL RESPONSIBILITY
- TRY PHRASES LIKE: "YOU MIGHT SEE THINGS ONLINE THAT SHOW PEOPLE IN SEXUAL SITUATIONS, BUT THOSE AREN'T REAL LIFE."

TEENS (AGES 13 TO 18)

- TALK ABOUT HOW PORNOGRAPHY CAN CREATE UNREALISTIC EXPECTATIONS ABOUT BODIES, CONSENT, AND INTIMACY.
- DISCUSS WHAT MAKES A HEALTHY RELATIONSHIP BASED ON COMMUNICATION, EQUALITY, AND RESPECT.
- USE PHRASES LIKE: "PORN ISN'T REAL SEX. IT'S ENTERTAINMENT THAT CAN GIVE THE WRONG IDEA ABOUT RELATIONSHIPS." OR "WHAT DOES RESPECT LOOK LIKE IN A RELATIONSHIP TO YOU?"



CONVERSATION ABOUT PORNOGRAPHY WITH PRE-TEENS (AGES 10 TO 12)

DEFINITION OF PORNOGRAPHY:

"PORNOGRAPHY IS MATERIAL SPECIFICALLY DESIGNED TO AROUSE SEXUAL FEELINGS IN PEOPLE BY DEPICTING NUDITY, SEXUAL BEHAVIOR, OR ANY TYPE OF SEXUAL INFORMATION IN ANY MEDIA."

TIP #1

BALANCE YOUR CHILD'S NEED FOR PRIVACY WITH PROVIDING CLEAR AND HELPFUL INFORMATION. AVOID ASKING TOO MANY QUESTIONS

TIP #2

COMMUNICATE OFTEN! BY REPEATING MESSAGES AROUND CONSENT, THEY WILL ABSORB MORE AND MORE.

TALK ABOUT IT!

IF YOU KNOW YOUR CHILD HAS SEEN PORNOGRAPHY, NUDES OR OTHER SEXUAL CONTENT, IT'S BETTER TO SAY SOMETHING LIKE "YOU WERE LOOKING AT PORNOGRAPHY/ NUDES THE OTHER NIGHT..." RATHER THAN "HAVE YOU SEEN PORNOGRAPHY/ NUDES?" WHICH MAY COME OFF AS ACCUSATORY

QUESTIONS YOU COULD ASK YOUR CHILD:

- "HAVE YOU HEARD THE WORD PORNOGRAPHY/ SEX/ SEXTING? WHAT DO YOU KNOW ABOUT IT?"
- "HAVE YOU SEEN IT ONLINE?"

USE REASSURING LANGUAGE:

- "WHAT QUESTIONS DO YOU HAVE ABOUT THIS?"
- OFFER TO TALK ABOUT THIS AT ANOTHER TIME IF THEY ARE FEELING UNCOMFORTABLE

CONVERSATION ABOUT PORNOGRAPHY WITH KIDS (AGES 5 TO 9)

DEFINITION OF PORNOGRAPHY:

AN AGE-APPROPRIATE DEFINITION MIGHT BE:
"PICTURES THAT SHOW THE PRIVATE PARTS OF THE BODY
WE KEEP COVERED WITH A SWIMSUIT. THESE PARTS ARE
MEANT TO BE KEPT PRIVATE."

TIP #1

FOCUS MORE ON
HOW YOUR CHILD IS
FEELING RATHER
THAN ON WHAT THEY
MAY HAVE SEEN.

TIP #2

BALANCE GIVING YOUR
CHILD CLEAR, AGE-
APPROPRIATE MESSAGING
WITHOUT OVERWHELMING
THEM WITH INFORMATION

TALK ABOUT IT!

SOMETIMES QUESTIONS ABOUT
YOUR CHILD'S BEHAVIOR MAY BE
TOO DIRECT, SO ASKING ABOUT
THEIR FRIENDS OR CLASSMATES
CAN FEEL SAFER.

FOR EXAMPLE "HAVE ANY OF
THE KIDS AT SCHOOL SEEN IT?"
OR "DO ANY OF THE KIDS AT
SCHOOL EVER TALK ABOUT IT?
WHAT DO THEY SAY?"

QUESTIONS YOU COULD ASK YOUR CHILD:

- "DID SOMEONE SHOW IT TO YOU? OR DID YOU FIND IT YOURSELF?"
- "WHEN YOU SAW IT, HOW DID IT MAKE YOU FEEL?"

USE REASSURING LANGUAGE:

- "I UNDERSTAND WHAT YOU'RE SAYING, AND I'M GLAD YOU CAME TO ME ABOUT THIS. YOU'RE NOT IN TROUBLE, WE CAN DEAL WITH THIS TOGETHER."

CONVERSATION ABOUT PORNOGRAPHY WITH TEENS (AGES 13 TO 18)

DEFINITION OF PORNOGRAPHY:

"PORNOGRAPHY IS MATERIAL SPECIFICALLY DESIGNED TO AROUSE SEXUAL FEELINGS IN PEOPLE BY DEPICTING NUDITY, SEXUAL BEHAVIOR, OR ANY TYPE OF SEXUAL INFORMATION IN ANY MEDIA."

TIP #1

LISTEN TO THEM WHEN THEY OPEN UP. DON'T TAKE OVER THE DISCUSSION. TRY AND LET THEM TAKE THE LEAD IN CONVERSATIONS.

TIP #2

BALANCE DISCUSSIONS REGARDING DANGERS OF PORNOGRAPHY USE AS WELL AS THE POSITIVES OF HEALTHY REALTIONSHPIS

TALK ABOUT IT!

CONVERSATIONS ABOUT HEALTHY SEXUALITY SET YOUR TEEN UP FOR RESPECTFUL RELATIONSHIPS, INCLUDING REALISTIC EXPECTATIONS ABOUT SEX. EX: "IT'S NATURAL TO BE INTERESTED IN SEX BUT PORNOGRAPHY CAN BE VIOLENT AND SCARY WHICH IS NOT WHAT SEX IS ABOUT."

QUESTIONS YOU COULD ASK YOUR TEEN:

- "HAS ANYONE ASKED YOU TO SEND A NUDE? HOW DID THAT MAKE YOU FEEL?"
- "WHAT HAVE YOU LEARNED ABOUT SEXUAL CONSENT AT SCHOOL?"
- "WHAT DO YOU THINK PORNOGRAPHY TEACHES PEOPLE ABOUT CONSENT?"

USE REASSURING LANGUAGE:

- "I AM ALWAYS AVAILABLE IF YOU HAVE ANY QUESTIONS ABOUT SEX OR PORNOGRAPHY."